

Newborn Screening ACT Sheet

[Elevated C5-OH Acylcarnitine]

Organic Acidemias

Differential Diagnosis: 3-methylcrotonyl-CoA carboxylase (MCC) deficiency, maternal MCC deficiency, 3-hydroxy-3-methylglutaryl-CoA lyase (HMG) deficiency; **β -ketothiolase (BKT) deficiency**; multiple carboxylase deficiency (MCD) (holocarboxylase synthetase deficiency [HCS] or biotinidase deficiency [BTD]), 2-methyl-3-hydroxybutyric acidemia (MHBD), 3-methylglutaconic aciduria (MGA), and MT-ATP6 related mitochondrial disorders.

Condition Description: Elevated C5-OH is associated with a group of organic acid disorders caused by a deficiency of an enzyme involved in the catabolism of branched chain amino acids. In most of the disorders, potentially toxic metabolites accumulate with variable clinical presentations. Each of the disorders is caused by a deficiency of the relevant enzyme. Of these disorders, MCC deficiency is the most common. HMG and HCS deficiencies can present acutely in the neonatal period.

You Should Take the Following IMMEDIATE Actions:

- Inform family of the newborn screening result.
- Ascertain clinical status (poor feeding, vomiting, lethargy).
- Consult with pediatric metabolic specialist the same day.
- Evaluate the newborn (hypoglycemia, ketonuria, metabolic acidosis). If any of these findings are present or if the newborn is ill, transport to a hospital for further treatment in consultation with the metabolic specialist.
- Initiate confirmatory/diagnostic testing as recommended by the specialist.
- Provide the family with basic information about the possible diagnoses and their management, including the need for urgent treatment of metabolic acidosis.
- Report final diagnostic outcome to newborn screening program.

Diagnostic Evaluation: Plasma acylcarnitine profile: C5-OH is elevated in all conditions; C5:1 (tiglylcarnitine) is also elevated in BKT deficiency. **Urine organic acids** demonstrate abnormal patterns characteristic of each condition. **Urine organic acids** and **plasma acylcarnitines** performed on infant and mother are warranted to evaluate for maternal MCC deficiency. **Serum biotinidase** identifies biotinidase deficiency. **Plasma amino acids** may demonstrate reduced citrulline in MT-ATP6-related disorders. **Enzymatic and molecular genetic testing** may be required.

Clinical Considerations: MCC deficiency is the most common of these disorders and most individuals with this diagnosis remain asymptomatic. Neonates with HMG and HCS deficiencies can present acutely with feeding difficulties, hypotonia, lethargy, and seizures; avoidance of fasting in these neonates is essential. Clinical features vary among the other conditions and can include episodes of hypoglycemia, lethargy, and hypotonia occurring during infancy and/or childhood. MGA comprises a heterogeneous group of disorders associated with diminished mitochondrial function. MT-ATP6-related mitochondrial disorders have been associated with Leigh syndrome, a neurodegenerative disorder. There is treatment available that is specific to each condition.

Additional Information:

[How to Communicate Newborn Screening Results](#)

Emergency Protocols (New England Consortium of Metabolic Programs) ([HMG](#) | [MCC](#))

Gene Reviews ([BTD](#))

Medline Plus ([HMG](#) | [MCC](#) | [BKT](#) | [HCS](#) | [BTD](#) | [MGA](#) | [MT-ATP6-related mitochondrial disease/Leigh syndrome](#))

Condition Information for Families- HRSA Newborn Screening Clearinghouse ([HMG](#) | [MCC](#) | [BKT](#) | [MCD](#) | [HCS](#) | [BTD](#) | [MGA](#))

Referral (local, state, regional, and national):

[Find a Genetics Clinic Directory](#)
[Genetic Testing Registry](#)

[Elevated C5-OH Acylcarnitine]
β-ketothiolase (BKT) deficiency

State and Other Resources

State Newborn Screening Program

Newborn Screening Program, Utah Department of Health and Human Services
801-584-8256, newbornscreening.health.utah.gov/

Genetics/Metabolic Consultants

Pediatric Medical Genetics, University of Utah Department of Pediatrics
801-213-3599, healthcare.utah.edu/pediatrics/programs-services/genetics.php

Information for Clinicians and Families

Utah Medical Home Portal (see Newborn Disorders and Parents & Families sections)
ut.medicalhomeportal.org/newborn/beta-ketothiolase-deficiency

Parent/Family Support

Organic Acidemia Association
www.oaanswers.org/bkt.html

National Resources (with web addresses)

Additional Information

How to Communicate Newborn Screening Results
www.hrsa.gov/sites/default/files/hrsa/advisory-committees/heritable-disorders/Resources/achdnc-communication-guide-newborn.pdf

GARD (Genetic and Rare Diseases Information Center)
rarediseases.info.nih.gov/diseases/872/beta-ketothiolase-deficiency

Medline Plus
medlineplus.gov/genetics/condition/beta-ketothiolase-deficiency/

Condition Information for Families-HRSA Newborn Screening Clearinghouse
newbornscreening.hrsa.gov/conditions/beta-ketothiolase-deficiency

Referral (local, state, regional and national)

Find a Genetics Clinic Directory
clinics.acmg.net

Genetic Testing Registry
www.ncbi.nlm.nih.gov/gtr/