

# ACT Sheet

**Newborn Screening ACT Sheet** 

## [Elevated C5-OH Acylcarnitine]

### **Organic Acidemias**

**Differential Diagnosis: 3-methylcrotonyl-CoA carboxylase (MCC) deficiency**, maternal MCC deficiency, 3-hydroxy-3- methylglutaryl-CoA lyase (HMG) deficiency; ß-ketothiolase (BKT) deficiency; multiple carboxylase deficiency (MCD) (holocarboxylase synthetase deficiency [HCS] or biotinidase deficiency [BTD]), 2-methyl-3-hydroxybutyric acidemia (MHBD), 3-methylglutaconic aciduria (MGA), and MT-ATP6 related mitochondrial disorders.

**Condition Description:** Elevated C5-OH is associated with a group of organic acid disorders caused by a deficiency of an enzyme involved in the catabolism of branched chain amino acids. In most of the disorders, potentially toxic metabolites accumulate with variable clinical presentations. Each of the disorders is caused by a deficiency of the relevant enzyme. Of these disorders, MCC deficiency is the most common. HMG and HCS deficiencies can present acutely in the neonatal period.

#### You Should Take the Following <u>IMMEDIATE</u> Actions:

- Inform family of the newborn screening result.
- Ascertain clinical status (poor feeding, vomiting, lethargy).
- Consult with pediatric metabolic specialist the same day.
- Evaluate the newborn (hypoglycemia, ketonuria, metabolic acidosis). If any of these findings are present or if the newborn is ill, transport to a hospital for further treatment in consultation with the metabolic specialist.
- Initiate confirmatory/diagnostic testing as recommended by the specialist.
- Provide the family with basic information about the possible diagnoses and their management, including the need for urgent treatment of metabolic acidosis.
- Report final diagnostic outcome to newborn screening program.

**Diagnostic Evaluation:** <u>Plasma acylcarnitine profile:</u> C5-OH is elevated in all conditions; C5:1 (tiglylcarnitine) is also elevated in BKT deficiency. <u>Urine organic acids</u> demonstrate abnormal patterns characteristic of each condition. <u>Urine organic acids</u> and <u>plasma acylcarnitines</u> performed on infant and mother *are* warranted to evaluate for maternal MCC deficiency. <u>Serum biotinidase</u>: identifies biotinidase deficiency. <u>Plasma amino acids</u>: may demonstrate reduced citrulline in MT-ATP6-related disorders. <u>Enzymatic and molecular genetic testing</u> may be required.

**Clinical Considerations:** MCC deficiency is the most common of these disorders and most individuals with this diagnosis remain asymptomatic. Neonates with HMG and HCS deficiencies can present acutely with feeding difficulties, hypotonia, lethargy, and seizures; avoidance of fasting in these neonates is essential. Clinical features vary among the other conditions and can include episodes of hypoglycemia, lethargy, and hypotonia occurring during infancy and/or childhood. MGA comprises a heterogenous group of disorders associated with diminished mitochondrial function. MT-ATP6-related mitochondrial disorders have been associated with Leigh syndrome, a neurodegenerative disorder. There is treatment available that is specific to each condition.

#### Additional Information:

#### How to Communicate Newborn Screening Results

Emergency Protocols (New England Consortium of Metabolic Programs) (HMG | MCC) Gene Reviews (BTD) Medline Plus (HMG | MCC | BKT | HCS | BTD | MGA | MT-ATP6-related mitochondrial disease/Leigh syndrome) Condition Information for Families- HRSA Newborn Screening Clearinghouse (HMG | MCC | BKT | MCD | HCS | BTD | MGA)

#### Referral (local, state, regional, and national):

Find a Genetics Clinic Directory Genetic Testing Registry

This practice resource is designed primarily as an educational resource for medical geneticists and other clinicians to help them provide quality medical services. Adherence to this practice resource is completely voluntary and does not necessarily assure a successful medical outcome. This practice resource should not be considered inclusive of all proper procedures and tests or exclusive of other procedures and tests that are reasonably directed to obtaining the same results. In determining the propriety of any specific procedure or test, the clinician should apply his or her own professional judgment to the specific clinical circumstances presented by the individual patient or specimen. Clinicians are encouraged to document the reasons for the use of a particular procedure or test, whether or not it is in conformance with this practice resource. Clinicians also are advised to take notice of the date this practice resource was adopted, and to consider other medical and scientific information that becomes available after that date. It also would be prudent to consider whether intellectual property interests may restrict the performance of certain tests and other procedures.

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# **ACT Sheet**

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### State and Other Resources

#### State Newborn Screening Program

Newborn Screening Program, Utah Department of Health and Human Services 801-584-8256, newbornscreening.health.utah.gov/

#### Genetics/Metabolic Consultants

Pediatric Medical Genetics, University of Utah Department of Pediatrics 801-213-3599, healthcare.utah.edu/pediatrics/programs-services/genetics.php

#### Information for Clinicians and Families

Utah Medical Home Portal (see Newborn Disorders and Parents & Families sections) ut.medicalhomeportal.org/newborn/3-methylglutaconic-aciduria

#### Parent/Family Support

Organic Acidemia Association www.oaanews.org/3-mga.html

#### National Resources (with web addresses)

#### **Additional Information**

How to Communicate Newborn Screening Results www.hrsa.gov/sites/default/files/hrsa/advisory-committees/heritable-disorders/Resources/achdnccommunication-guide-newborn.pdf

#### Medline Plus

medlineplus.gov/genetics/condition/3-methylglutaconyl-coa-hydratase-deficiency/

Condition Information for Families-HRSA Newborn Screening Clearinghouse newbornscreening.hrsa.gov/conditions/3-methylglutaconic-aciduria

Genetic and Rare Diseases Information Center rarediseases.info.nih.gov/diseases/10321/3-methylglutaconyl-coa-hydratase-deficiency-auh-defect

#### Referral (local, state, regional and national)

Find a Genetics Clinic Directory clinics.acmg.net

Genetic Testing Registry www.ncbi.nlm.nih.gov/gtr/

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