

Dear UCCCN members,

Here are your April 2017 resources of the month.

**Brainstorming:**

**Case #1** – from Pat Rowe. Mother of a child that Pat case manages called and told Pat that she had been raped. Pat was less sure of the correct resources, however, knows that if we don't help mom, child won't get help. This sets us apart from pediatric care ... we take care of the parent so that the child can be taken care of. Pat encouraged mom to go to the ER, gave her the Rape Crisis number and used her nursing and motivational interviewing skills. Mom didn't want to talk to Intermountain mental health providers. There is a relationship of trust between this mom and Pat. Pat talked to her teammates after to find out how and what to do differently in this type of situation (PDSA cycle/Quality Improvement). SelectHealth requires that their care coordinators be trained and use motivational interviewing. Pat is following up regarding the child, and will be broaching the rape topic as well.

Information & Referral/Hotlines

[Utah Rape and Sexual Assault Crisis and Information Line](https://ut.medicalhomeportal.org/services/provider/10179) - Provides a directory of Rape Crisis Programs and the Rape & Sexual Assault Crisis 24/7 Hot Line - 1-888-421-1100  
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**Case #2** – from Jade Porter. Grandparents as parents -- what resources are available? Grandfamilies is an option. Help Me Grow Utah is available if there are no special needs for the child.

Foster Care

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Information Services, Phone; Parent/Family Education

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**Resource** - from Pat Rowe: Intermountain Home Health is able to help with special travel arrangements if the family flies/travels. Part of their Respiratory services.

Home Health, In-home Services

[Intermountain Homecare](https://www.medicalhomeportal.org/services/provider/10610)  
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*Disclaimer: These resources come from our members as part of the meeting brainstorming session; please check with your providers to make sure they are appropriate for your patient/families.*

**You can find a custom list of these service providers that can be printed, emailed, and more, here: [April 2017 Grandfamilies, Travel Help, Rape Crisis Line](#)**

**Wins:**

#1 - Colin Kingsbury (ISP team) has been having a good experience using the Portal's custom list feature: Attended orthopedics clinic in St. George. Made a list on the MHP and gave link to family with a plethora of local resources. Sharing a list eliminates work for the families; it also helps the Portal to be able to track if list were accessed after the fact and provides some Google Analytics data that help us to evaluate use, resources in a particular area, etc. (See an example of a custom list in the text box above.)

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**Quality Improvement:**

Noemi asked about Tier I, II, and III. It is a medical home designation of acuity of children's problems. There is latitude for each practice to determine how they classify children within their organization.

**Updates:**

1. March Learning Session—a meeting summary was sent out. A lot of questions asked during the session on way to reach the contacts through the ACOs, insurers, and the care coordinators. Mindy encouraged the ACOs and insurers to contact the UCCCN if they'd like to connect with care coordinators. If you didn't receive summary, please reach out to Mindy and/or Tay and they will send it out. Pat Rowe said that it opened doors for her within the SelectHealth environment (private and ACO) ... she was able to share direct line and contact info with others.
2. Changes to the Bureau of Children with Special Health Care Needs, UDoH – Lynne Nilson, Director, Bureau of Maternal Child Health  
The Baby Watch-Early Intervention program has moved under Bureau of CSHCN. The Integrated Services Program has been transferred from Bureau of CSHCN to the Bureau of Maternal and Child Health (MCH). MCH will continue to contract for this fiscal year with the University Developmental Assessment Center (UDAC).

This year we (Bureau of MCH) are evaluating how CSHCN are served in the state. How can we best use public health dollars to serve more CSHCN and re-vamp services for those kids. What can be impactful for the most children possible? Late September/Early October will do a CSHCN Summit to look at issues surrounding CSHCN. Will include key players and families to discuss ways to reorganize and fill unmet needs. Unsure at this point what changes will occur with federal government and funding... anticipate the same kinds of changes for Utah's Title V. A lot of cross-over exists between the various Bureaus (MCH, CSHCN, Bureau of Child Development), and they will continue to work closely. Lynne invites everyone to contact her to talk about concerns and ideas for CSHCN and to participate in the summit if interested.

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## Presenters

### **Janet Wade, Senior Director, Family Support & Transition Services, Easter Seals-Goodwill NRM**

Easter Seals-Goodwill Northern Rocky Mountain holds the contract for the Provo Early Intervention (EI) Program – a shout out that NICUs are not referring children to EI as regularly as they could be. If you see a NICU infant, please make referrals. There are 15 EI programs throughout the State. EI info is located now on CSHCN website. <http://health.utah.gov/cshcn/programs/babywatch.html> There is no cost for EI evaluation for any family. There is a sliding fee for IFSP services for families not on Medicaid.

Some recent changes to Easter Seals-Goodwill NRM services: they did have an OT clinic at the Children's Center but had to close it because of the poor payment through Medicaid; couldn't get on the panel for Select Health; and high costs of deductibles.

They have continued with their occupational therapy enhancement program, the Wiggly Worm Sensory Processing class. Next class starts next week in SLC @ Molina Clinic on Westside; another class in Provo starts next week as well. Eight week session--journey through all of the senses. For children age 3-6. See video on [A Child's View of Sensory Processing](#) on YouTube. Week 1 is intensive with the families. Other session focus on different sensory issues each week. The parents work individually with the OT, then parents are coached on strategies to support their child's ability to manage sensory input.

Peer Connections - Discovery: Program available for children 14-21. Received funding from Voc Rehab for pre-transition services for students who are potentially eligible for Voc Rehab, meaning they have an IEP or have a medical or behavioral health recommendation. Students who are already "in plan" with VR are also eligible.

The program provides family and individual coaching on discovering the student's vocational themes. During the program youth with social communication issues are paired with typical teens to conduct a volunteer assignment in a local non-profit. The program lasts 8 months:

- Intake (1st month)—EcoMap, Routines based interview, Work Strategy and Introduction to Discovery
- Peer Connections – on site work experience (Months 2-3)
- Job Development (months 4-8)

See the attached fliers and the Easter Seals-Goodwill website:

<http://www.easterseals.com/esgw/>

### **Presenter: Jaycie Voorhees, Director, Harmony Music Therapy**

Music Therapy is an evidenced based allied health profession, therapists have either a 4 year or more advanced degree that includes a clinical internship and a board certification exam. MT-BC (Music Therapist – Board Certified) credential.

Music therapy is used to address functioning in these five domains:

- Motor Development
- Social Skills
- Cognitive Development
- Communication
- Sensory Integration

See the Music Therapy Referral Checklist (attached) to help determine if children you are working with could benefit. Age range? Any/all ages. Their youngest private client is currently 9 mos old. Majority of their practice is around children. Prices? For a 30 minute private session, \$55. For 45 minute private session, \$70. Less for group lessons. \$300 scholarships available. Insurance? Always out of network ... not been cost effective for her clients because it won't help them meet their deductible. Clinic based in Sandy but the bulk of their work is done throughout the valley. [www.harmonymusictherapy.com](http://www.harmonymusictherapy.com)

## **Other**

Our next meeting will be May 17th at the Utah Parent Center. Here is our [UCCCN YouTube Channel Playlist](#) of archived meeting recordings.

Sincerely,  
Mindy

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Facilitator, Utah Children's Care Coordination Network  
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**Subject:** April 2017 Resources of the Month

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