

## Formulas for Term Infants

Parents often ask their doctor for advice about brands of formulas. Here are some major brands and key differences. Formulations are generally 20 kcal/oz and contain iron, unless otherwise noted. The Medical Home Portal does not endorse a specific brand. Metabolic formulas are not included in this list.

Name	Ages	Proposed Use
<b>Added Rice</b>	0–12 mos	Frequent spit up. Contains rice starch to thicken the formula and help keep it down. Unflavored powder.
<b>Advantage</b>	0–12 mos	General use. Contains prebiotics. Unflavored powder.
<b>Alfamino Infant</b>	0–12 mos	Multiple food allergies, cow's milk protein allergy (CMPA), eosinophilic GI disorders, malabsorptive conditions, and Short Bowel Syndrome (SBS). Contains 43% of fat as medium chain triglycerides oil to facilitate absorption. Amino-acid based/elemental. Unflavored powder.
<b>Bright Beginnings Gentle Infant Formula</b>	0–12 mos	Fussy or gassy infants. Contains partially hydrolyzed whey protein and reduced lactose. Unflavored powder.
<b>Bright Beginnings Premium Infant Formula</b>	0–12 mos	General use. Unflavored powder.
<b>Bright Beginnings Soy Infant Formula</b>	0–12 mos	Fussiness and gas with cow milk based formulas. Unflavored powder.
<b>Complete Amino Acid Mix</b>	not listed	Conditions requiring amino acid supplementation, oligoallergenic diets (e.g., individuals with intolerance to milk protein or other whole protein), intractable malabsorption, feeding difficulties in post-operative conditions, chronic intestinal diseases (e.g., Crohn's disease), short bowel syndrome following intestinal resection. Contains essential and non-essential amino acids. Supplemental nutrition.
<b>Earth's Best Organic Infant Formula</b>	0–12 mos	General use. Unflavored powder.
<b>Earth's Best Organic Sensitivity Infant Formula</b>	0–12 mos	Fussy or "sensitive" infants. Includes "easy-to-digest blend of carbohydrates." Unflavored powder.
<b>Earth's Best Organic Soy Infant Formula</b>	0–12 mos	Fussiness and gas with formulas that are cow milk based. Unflavored powder.
<b>EleCare for Infants</b>	0–12 mos	Extreme protein intolerance, severe cow's milk protein allergies and/or multiple food protein allergies for children who cannot tolerate milk, soy, or protein hydrolysate formulas. Amino-acid based/elemental. Unflavored powder.
<b>Enfamil 24</b>	0–12 mos	Term infants who require increased calorie-density nutrition. Contains prebiotics. 24 kcal/oz. Unflavored, ready to feed.

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<b>Enfamil A.R.</b>	0–12 mos	Frequent spitters. Contains added rice starch as thickener, and prebiotics. Unflavored powder and ready to feed.
<b>Enfamil Gentlease</b>	0–12 mos	Fussy or gassy infants. Includes partially hydrolyzed proteins. Unflavored powder and ready to feed.
<b>Enfamil Infant</b>	0–12 mos	General use. Contains prebiotics. Non-GMO option. Unflavored powder and ready to feed.
<b>Enfamil Infant Formula for Supplementing</b>	0–12 mos	General use. Unflavored powder and ready to feed.
<b>Enfamil Premium Newborn</b>	0–3 mos	General use. Contains prebiotics. Non-GMO option. Unflavored powder and ready to feed.
<b>Enfamil ProSobee</b>	0–12 mos	Fussiness and gas with cow's milk based formulas, or when soy is preferred. Unflavored powder, concentrated liquid (to dilute with water), and ready to feed.
<b>Enfamil Reguline</b>	0–12 mos	Perceived stooling troubles. Contains prebiotics and partially hydrolyzed proteins. Unflavored powder and ready to feed.
<b>Essential Amino Acid Mix</b>	not listed	Dietary management of urea cycle disorders, and conditions in which a nutritionally complete feed is not suitable or a modular approach is required. Contains essential amino acids. Supplemental nutrition.
<b>Gentle</b>	0–12 mos	Fussiness or gas or lactose sensitivity. Contains partially broken down whey protein and reduced lactose. Unflavored powder.
<b>Gerber Extensive HA</b>	0–12 mos	Cow's milk protein allergy or sensitivity. Extensively hydrolyzed proteins/hypoallergenic formula with added prebiotics and 49% medium chain triglycerides oils. Unflavored powder.
<b>Gerber Good Start Gentle</b>	0–12 mos	General use. May reduce risk of eczema. Contains partially hydrolyzed whey proteins and prebiotics. Unflavored powder, concentrated liquid, and ready to feed.
<b>Gerber Good Start Gentle Supplementing</b>	0–12 mos	General use for partially breast-fed infants. May reduce risk of eczema. Contains partially hydrolyzed whey proteins and prebiotics. Unflavored powder.
<b>Gerber Good Start Soothe</b>	0–12 mos	Excessive crying, colic and fussiness. May reduce risk of eczema. Contains partially hydrolyzed whey proteins, reduced lactose, and prebiotics. Unflavored powder.
<b>Gerber Good Start Soy</b>	0–12 mos	Fussiness and gas with cow milk based formulas. Contains partially hydrolyzed soy proteins and is lactose free. Unflavored powder.
<b>Gerber Graduates Gentle</b>	9–24 mos	General use. Contains partially hydrolyzed whey proteins and prebiotics. Unflavored powder.
<b>Gerber Graduates Soothe</b>	9–24 mos	Fussiness and gas or lactose intolerance. Contains partially hydrolyzed whey proteins, reduced lactose, and prebiotics. Unflavored powder.

Name	Ages	Proposed Use
<b>Liquigen</b>	all ages	Conditions where medium chain triglycerides are part of dietary management, including conditions managed with ketogenic diet, long-chain fatty acid oxidation disorders, chylothorax, fat malabsorption, short bowel syndrome. Contains medium chain triglycerides. Supplemental nutrition.
<b>MCT Oil</b>	not listed	Decreased pancreatic lipase, decreased bile salts, defective mucosal fat absorption (decreased mucosal permeability, decreased absorptive surface), and defective lymphatic transport of fat (i.e., intestinal lymphatic obstruction). Supplemental nutrition (oil).
<b>Neocate Infant DHA/RHA</b>	0–12 mos	Cow and soy milk allergy, multiple food protein intolerance, food allergy-associated conditions including short bowel syndrome, eosinophilic esophagitis, malabsorption, gastroesophageal reflux. Amino-acid based/elemental. Unflavored powder.
<b>Neocate Nutra</b>	>6 mos	Cow and soy milk allergy, multiple food protein intolerance, food allergy-associated conditions including short bowel syndrome, eosinophilic esophagitis, malabsorption, gastroesophageal reflux. Amino-acid based/elemental. Makes a smooth, semi-solid texture ideal for supplemental spoon feeding (not a formula for drinking or tube feeding).
<b>Newborn</b>	0–3 mos	General use. Contains prebiotics and nucleotides. Unflavored powder.
<b>Nutramigen</b>	0–12 mos	Cow milk and soy protein allergy or sensitivity. Extensively hydrolyzed proteins/hypoallergenic formula. Ready to feed.
<b>Nutramigen with Enflora LGG</b>	0–12(+) mos	Cow milk and soy protein allergy or sensitivity. Extensively hydrolyzed proteins/hypoallergenic formula, also contains probiotics. Unflavored powder.
<b>Organic</b>	0–12 mos	General use when organic is preferred. Contains added nucleotides. Unflavored powder.
<b>Organic Milk Formula</b>	0–12 mos	General use. Unflavored powder.
<b>Organic Soy Formula</b>	0–12 mos	Lactose sensitive or vegetarian infants. Unflavored powder.
<b>Pregestimil</b>	0–12(+) mos	Fat malabsorption with or without protein sensitivity. (Specific conditions mentioned by manufacturer include cystic fibrosis, short bowel syndrome, intractable diarrhea, and severe protein calorie malnutrition.) Contains extensively hydrolyzed proteins, lactose free, and significant proportion of fats from medium chain triglycerides oil. Contains milk and soy products, but is formulated to be hypoallergenic. Unflavored powder and ready to feed.
<b>Premium</b>	0–12 mos	General use. Contains prebiotics. Unflavored powder.
<b>PurAmino</b>	0–24(+) mos	Extreme protein intolerance, severe cow's milk protein allergies and/or multiple food protein allergies for children who cannot tolerate milk, soy, or protein hydrolysate formulas. Amino acid based/elemental. Contains soy oil, but is hypoallergenic. Unflavored powder.
<b>Sensitivity</b>	0–12 mos	Fussiness or gas or lactose sensitivity. Contains reduced lactose. Unflavored powder.

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<b>Similac Advance and Advance 20</b>	0–12 mos	General use. 19 kcal/oz or 20 kcal/oz. Unflavored powder.
<b>Similac Expert Care Alimentum</b>	0–12 mos	Protein sensitivity, severe food allergies, protein maldigestion, or fat malabsorption. Extensively hydrolyzed proteins supplemented with free amino acids/hypoallergenic formula. 20 kcal/oz. Unflavored powder.
<b>Similac Expert Care for Diarrhea</b>	6–24 mos	Diarrhea (including antibiotic associated) and loose stools. Contains soy fiber and is lactose free. 20 kcal/oz. Unflavored, ready to feed.
<b>Similac For Spit-Up</b>	0–12 mos	Frequent spitting-up. Milk-based with reduced lactose and added rice starch. 19 kcal/oz. Unflavored powder.
<b>Similac for Supplementation</b>	0–12 mos	General use for partially breast-fed infants. Contains prebiotics and other nutrients. 19 kcal/oz. Unflavored powder.
<b>Similac PM 60/40</b>	0–12 mos	Impaired renal function requiring lower mineral intake; hypercalcemia and hypocalcemia due to hyperphosphatemia. Low-iron infant formula with 60:40 whey:casein ratio to simulate breast milk. Does not meet all nutritional needs. 20 kcal/oz. Unflavored powder.
<b>Similac Sensitive</b>	0–12 mos	Fussiness and gas due to lactose sensitivity. Milk-based with reduced lactose. 19 kcal/oz (also available in Non-GMO) or 20 kcal/oz. Unflavored powder.
<b>Similac Soy Isomil and Soy Isomil 20</b>	0–12 mos	Fussiness and gas due to lactose sensitivity or lactase deficiency, lactose intolerance, and galactosemia. 19 kcal/oz or 20 kcal/oz. Unflavored powder.
<b>Similac Total Comfort</b>	0–12 mos	Discomfort due to protein sensitivity. Contains partially hydrolyzed proteins and prebiotics. 19 kcal/oz. Unflavored powder.
<b>Similac with Iron 24 Cal</b>	0–12 mos	Increased caloric needs. 24 kcal/oz. Unflavored, ready to feed.
<b>Soy-Based</b>	0–12 mos	Lactose sensitive or vegetarian. Unflavored powder.
<b>Tender</b>	0–12 mos	Fussiness or gas. Contains partially hydrolyzed whey protein and prebiotics. Unflavored powder.

**Source:** Information compiled from manufacturer websites.

Although formulas must meet the requirements of the Infant Formula Act, manufacturers' marketing claims often are not supported by clinical evidence or evaluated by the Food and Drug Administration. [Belamarich: 2015] FDA approval is only required for claims regarding formulas and their relationship to medical conditions, claims that do not reference conditions or disease (e.g., probiotics support digestive health) do not need FDA approval. [Abrams: 2015] Insufficient evidence shows that removing or reducing lactose, using hydrolyzed or soy protein or adding pre-/probiotics to formula benefits infants with fussiness, gas, or colic. [Thomas: 2010]